



Fluzone® High-Dose Trivalent (a three-ingredient) Flu Vaccine

The U.S. Department of Veterans Affairs (VA) wants staff and patients to learn more about Fluzone® High-Dose Trivalent flu vaccine and who can receive it.

What is high-dose trivalent flu vaccine?

High-dose trivalent vaccine may be used in VA for people aged 65 years and older. It can protect you from three types of flu. Like most flu vaccines, it is made through an egg-based process and given in the upper arm. It has been used in the United States since 2010.

**Getting a flu shot is
the best way to protect
yourself from flu.**

High-dose trivalent vs. standard-dose?

All seasonal flu vaccines approved in the United States protect you from flu. Flu vaccines have antigens. Antigens are substances that help your body protect itself from flu. Fluzone® High-Dose Trivalent has four times the antigen than other vaccines.

Who can receive high-dose trivalent flu vaccine?

In the United States, you can receive high-dose trivalent if you are 65 years of age or older. It is not for people with a history of severe allergic reaction to the vaccine or its ingredients. If you are allergic to eggs you can still receive this vaccine. Talk to your provider or learn more at <https://www.fda.gov/media/139731/download?attachment>

Is high-dose trivalent better or safer than other flu vaccines?

Standard dose and high dose flu vaccines protect against flu. However, if you are aged 65 or older, The Centers for Disease Control and Prevention (CDC) recommends that you receive a higher dose or adjuvanted influenza vaccine.



Some side effects reported from other flu vaccines may occur more often with high-dose trivalent. Most are mild to moderate and are temporary. The most common side effects are pain, redness at the shot site, headache, muscle aches, and fatigue.

*Fluzone® High-Dose is manufactured
by **Sanofi Pasteur Inc.**, Swiftwater, PA 18370*

